

# Twin Valley Community Local Schools

## K-5 Lunch Menu March 2019



PB&J, Chef Salads, Caesar Salads, Baby Carrots, Grape Tomatoes, and Celery Sticks are **offered daily!!**

**What is a Reimbursable Lunch? Must choose 3 Components with one being ½ cup fruit or vegetable.**  
**1. Whole Grain**  
**2. Fruit**  
**3. Vegetable**  
**4. Meat/Meat Alternate**  
**5. Milk-1%, Skim**

**1**  
 Cheese or Pepperoni Pizza  
 Or  
 Spicy Chicken Patty  
 Garden Salad

**4**  
 Roasted Chicken  
 Or  
 Chicken Nuggets  
 Pretzel Rod  
 Golden Peas  
 WG Roll

**5**  
 Chicken Parmesan  
 Sandwich  
 Or  
 Cheeseburger  
 Green Beans

**6**  
 Country Chicken  
 Nugget Bowl  
 Or  
 Hot Dog  
 Baked Beans

**7**  
 Bean/Beef Burrito  
 Or  
 Chicken Patty  
 Sliced Carrots

**8**  
 Cheese or Pepperoni Pizza  
 Or  
 Spicy Chicken Patty  
 Garden Salad

**11**  
 Bosco Sticks  
 Marinara Sauce  
 Or  
 Chicken Nuggets  
 Pretzel Rod  
 Golden Corn

**12**  
 Oriental Sweet n'  
 Sour Popcorn over  
 Rice  
 Or  
 Cheeseburger  
 Green Beans

**13**  
 Pizza Quesadilla  
 Or  
 Hot Dog  
 Sliced Carrots

**14**  
 Soft Beef Tacos  
 Or  
 Chicken Patty  
 Baked Beans

**15**  
 Cheese or Pepperoni Pizza  
 Or  
 Spicy Chicken Patty  
 Garden Salad

**18**  
 Pulled Pork  
 Sandwich  
 Or  
 Chicken Nuggets  
 Pretzel Rod  
 Golden Corn

**19**  
 Breaded Chicken  
 Drumstick  
 Or  
 Cheeseburger  
 Green Peas

**20**  
 Pizza Sticks with  
 Marinara Sauce  
 Or  
 Hot Dog  
 Baked Beans

**21**  
 Soft Beef Tacos  
 Or  
 Chicken Patty  
 Refried Beans

**22**  
**Teacher PD**  
**No School**

**25**  
**No School**  
**Spring Break**  
**March 25-29**

**26**

**27**

**28**

**29**  
**No School**  
**Spring Break**  
**March 25-29**

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Fresh or Canned Fruit Offered Daily  
 White & Chocolate Milk Offered Daily  
 All Lunch Entrees Are Whole Grain  
 All Lunch meals meet the National School Lunch Program